

PATIENT INFORMATION SHEET:

After your cataract surgery

Immediately after your operation

I hope that your cataract operation will pass off uneventfully and write these few notes to let you know what to expect and what to do during the period around and after your operation. As I hope you will have already gathered, you should only be in hospital for the day, or possibly overnight. Following your operation you will be discharged home using drops of Maxitrol which you should instill four times a day for three weeks. You should not need to continue any local treatment after this. Other treatments are occasionally needed and will be prescribed if appropriate (ie: Pred Forte and Chloramphenicol).

Will my eye be painful?

Sometimes the eye is a little bit “scratchy” after the operation due to the tiny incision on the surface of the eye, but it should not be painful. Provided the eye does not become excessively painful you should continue your drops and return for review as arranged. You may take Paracetamol, one or two tablets up to four times a day, if your eye aches during the first day or two.

The first few weeks

Your eye may be irritable and very likely will become extremely red if shampoo or hairdressing materials get into it and you should therefore take great care with these. You will be given a clear plastic shield which I suggest you tape across the operated eye at night for the first week only. This is to protect the eye from any accidental knocks that might occur when you are sleeping.

Post-operative follow-up

I will normally plan to see you again two weeks or so after surgery in order to check that the eye is healing normally. I will tell you if you should attend your Optician for the provision of any necessary reading or other spectacle lenses for the operated eye. This is normally after 6 weeks or so.

We always want to hear of any untoward upset in the recovery period and it is always wise to let me know at once if anything seems to be going wrong because we can usually deal with the problem if we know about it soon enough. If the eye becomes increasingly red or painful, or your vision deteriorates you should contact me.

If you have any problems or questions following your surgery please contact

07730 714619.

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